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Top 10 Best Anabolics Reviews 2020

William Nathaniel Phillips is an American entrepreneur and author. He wrote *Body for Life: 12 Weeks to Mental and Physical Strength* with Mike D'Orso. He is also the author of *Eating for Life*, and is founder and former editor in chief of *Muscle Media* magazine and the former CEO of EAS, a performance nutritional supplement company. Other books Bill has authored are *Anabolic Reference Guide*, *The Natural Supplement Review*, and *Transformation*. Bill Phillips made a promotional movie called *Body of Wor*

Bill Phillips (author) - Wikipedia

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References

The word anabolic, referring to anabolism, comes from the Greek ἀναβολή anabole, "that which is thrown up, mound". Androgens or AAS are one of three types of sex hormone agonists, the others being estrogenslike estradioland progestogenslike progesterone.

Anabolic steroid - Wikipedia

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Anabolic-androgenic steroids (AAS) are widely used illicitly to gain muscle and lose body fat. Here we review the accumulating human and animal evidence showing that AAS may cause a distinct dependence syndrome, often associated with adverse psychiatric and medical effects.

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